

# Community Impact & Wellbeing Report (April 2025 – March 2026)

**From Participation to Transformation** Over the past year, **Live Better (Cultural Centre Trust)** has successfully transitioned from being a service provider to becoming an **essential pillar of Waikato's social infrastructure**. Our focus shifted toward "high-intensity intervention," providing deep and consistent support to **145 core families** with an average of **17.8 sessions per person**



# Impact by the Numbers

460 participants /  
173 sessions

Youth and Kids Programs: Multisports, Holiday programs, Art/Science workshops

245 participants /  
24 sessions

Family and Adult Workshops: Cooking, Pottery, LCH Parenting

850 participants

Newcomer Support: Hamilton Welcoming Tours, Manaaki Village, Health Expo booth

520 participants

Community Engagement: Youth events, Digital community parents groups

## Program Highlights & Growth



## Youth and Kids Programs

**Multisports, Holiday Programs, Art & Science:** Reached **460 participants** (a **46% growth**), providing a safe and enriching space that improved social skills and academic interest for 90% of attendees.

**Be Active Multisports:** Hosted **192 participants** in weekly sessions for basketball, badminton, and soccer, building bridges across different ethnic groups.

## Family & Adult Workshops

Participation grew by **53% (245 participants)** through hands-on wellbeing sessions, pottery, and cooking classes.

**Newcomer Support:** Engagement nearly doubled to **850 participants**, helping new families feel welcomed and connected through initiatives like the Hamilton Welcoming Tours.



# Social Outcomes: Equity in Action



**Disability Inclusion:** We achieved a remarkable **92% attendance rate** for parents of children with disabilities by providing on-site childcare and peer support, empowering them to become active community participants.

# Promoting Diversity & Inclusion

**Empowered Navigators:** Through the Learning Community Hub (LCH), parents gained the confidence to navigate the **NZ education system**, including understanding NCEA frameworks and SENCO roles.

**Social Cohesion:** Our outreach events reached over **700 residents**, creating "safe spaces" for cross-cultural interaction and mutual respect.



# Looking Ahead

Over the next two years, Live Better will continue to focus on strengthening **Open Doors and Multi-Sports Club** programmes as our core delivery pathways.

Our priority is to:

- Expand inclusive participation opportunities for children, youth, and families
- Strengthen accessibility and engagement for disability communities
- Improve continuity between Open Doors, Multi-Sports, and Long-Term participation pathways

